

## **RehaCom Case Study – Ms P.**

I feel I must thank you again today: Thank you for your sophisticated and multisided RehaCom program! Thank you for the ever helpful and competent help by phone! Thank you for the informative and detailed brochure!

In the middle of July 2007 I came down with the tick disease, according to the clinical report “with an acute neuro-borreliosis with critical generalized polyradiculoneuritis with proximal and leg-stressed tetraparetic syndrome and a gulp paralysis“. After the essential, classical antibiotic (Rocephin) infusion treatment in the clinic, which led to a clear regression of the paralysis symptoms already after a few days, I was transferred to a neurological rehab therapy clinic. The psycho-neurological diagnostics there showed an attention disturbance (tonic alertness, divided attention) above all, as well as a disturbance of the visual exploration speed which ended up in a ban on driving that was very depressing for me.

In the therapy clinic I got to know different training programs on the computer for the improvement of the brain performance, and I was recommended to continue training at home after the dismissal, especially to get back the driving ability. For this purpose my attention was called to several suppliers of computer training programs, and I requested those demo versions. The detailed information brochure of the company HASOMED appealed to me most. Competently and always accompanied friendly by you, dear employees at HASOMED, we installed RehaCom via internet on my notebook together. Thankfully I looked back at the last 50 years of our practice in which we, finally, left the "typewriter age" behind ourselves to our son's urging. In spite of my old age (82 years) and also my short-term memory disturbance due to the borreliosis, I quickly succeeded in managing the different programs of RehaCom, particularly since the employees of the company are available by phone any time without any problems if there are difficulties! Finally, I would also like to mention the sensible, low pricing by calculation of the actual training time. So one can vary and form the training to the own needs and possibilities!

First of all, getting back my driving ability was the most important to me. The idea of going through the countryside as a “train driver” and to operate the control panel and to quickly pay attention to the signals or obstacles in time is simply brilliant! It is really fun to quickly react to more and more difficulties properly bit by bit! The positive feedback in text and tone, the visible increasing results and, finally, the achievement of the highest level of difficulty made me face the driving test, organized by the rehab center, after a few weeks of consequent, daily training. 1 ½ hours of driving over country roads, through unknown towns and above the highway (judgment "good" and "very good"), supervised by the driving instructor and the therapist gave me the good feeling of being able to drive again.

It is the memory training program's turn in its many variations now! Also here one can follow the increases of the achievement very well and take pleasure in the improving, valued results, precisely described, if training consequently. The different short films are diverse, interesting and often also instructive, as for example the film about Weimar, an underwater film about the behavior of fishes, but also a report on the life of Marilyn Monroe.

Though being very skeptical first, the excellent experiences with RehaCom have proved to me that one can improve the brain performance again also after critical diseases by using specific training programs on the computer! It is natural for me to keep on training the brain, but also to stay in touch with my neuropsychologist. Anyway, I will advise my colleagues, friends and former patients of this good possibility, also for the improvement of the quality of life in the old age.

Yours sincerely  
Dr. Med. L. P.

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